



Each member of Fabrangen is assigned to provide Kiddush for the community about once every nine months. This includes the following:

- bringing a light snack to eat after services;
- bringing two challahs for Motzi;
- pouring wine and juice for Kiddush; and
- cleaning up after Kiddush.

It does NOT include washing the reusable dishes (see below).

Please read this information carefully, save this document, print it out, and keep the hard copy in a place where you can find it. This document is also available on our website and is posted in our closet at WES.

Providing Kiddush is **completely voluntary** - if you do not wish to be included in the Kiddush schedule for any reason, please notify Elena Rodriguez and she will leave you off the schedule. You do need to tell her or she will include you in the schedule.

***However, we are short on Kiddush providers, so we urge everyone to provide Kiddush if you can.***

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### How Are Kiddush Dates Assigned?

The Kiddush Schedule is posted on the ***For Members Only*** section of the website and is also available on Google Drive: [2019 Kiddush List - Google Doc](#)

- **Cycle of dates:** The Kiddush schedule cycles through the entire membership of Fabrangen about every nine months. If you have any dates when you do (or do not) want to provide Kiddush, please let Elena. Occasionally your dates may be pre-empted by someone who wants to celebrate a birthday or other special date by providing a special Kiddush.
- **YOUR KIDDUSH DATE IS AN IMPORTANT COMMITMENT:** As soon as you receive the new schedule, check for your assigned date. Put it on your calendar so you do not forget. Touch base with your Kiddush partner so you are both prepared.
- **If you cannot make your Kiddush date, it is your responsibility to trade with another member.** Elena can assist you in arranging a swap to cover your Kiddush date, but the responsibility to find someone to cover the date is yours.
- **Two people are assigned per Shabbat.** Couples are usually assigned to the same Shabbat. If couples would rather be assigned to different days, or for any other scheduling requests, please contact Elena.
- **Reminders:** Two weeks before your assigned date, Judy Beltz will remind you by email that your date is coming up and will call you if necessary to confirm.



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### What Should I Buy for Kiddush?

Kiddush should be simple, in line with Fabrangen's general policy of dairy/veggie food. The food does not need to be heckshered or prepared in a Kosher kitchen. You should plan for about 30 people at services, and it should cost no more than about \$40-50 per kiddush provider unless you choose to spend more. Your shopping list should include the following:

- **Two challahs:** You need to bring two challahs/. Supermarket challah is fine.
- **Popular items include the following:** bagels, cream cheese, hummus, baba ganouj, pita, crackers, chips, rice cakes, dips, cookies, cakes, pies, baby carrots and other raw vegetables, grapes, apples, and other fruit, dried fruit, nuts, soda, soda water, juice, green salad, fruit salad, potato salad, coleslaw, pasta salad, tuna or other fish, kugel, and other prepared dishes.
- **Paper goods:** You may also need to purchase some paper goods, such as paper plates, cups, napkins, or plastic utensils, plus a roll of paper towels for clean-up.
- **Wine and juice are provided by Fabrangen, so you do not need to bring them.**
- **Check the gray cupboard for leftover crackers from previous weeks. FEEL FREE to toss anything that doesn't seem fresh.**

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### Should I Use Disposable or Reusable Dishes and Utensils?

It is your choice. A set of reusable dishes and utensils (including cloth napkins and small Kiddush cups) has been purchased. **IF** the reusable dishes are at WES, and **IF** someone has volunteered to take the dishes home to wash, **THEN** the Kiddush providers can use the reusable dishes. If you want to use disposable dishes, there are some at WES, but check with Elena when you go shopping, to see if there are any paper goods you need to buy. Try to avoid products made by Dixie, owned by the notorious Koch brothers.

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### Where Does Fabrangen Hold Kiddush?

The wine and juice are passed out in the Main Hall just **after** the Mourner's Kaddish. You can do this or ask someone else to do it - **please wait until the Mourner's Kaddish is over**. Immediately after services, the service leader says the blessing for wine, the challah is brought up to the table in the Main Hall and any children present are invited to say Motzi. After that, everyone goes out into the lobby, where the food has been set up on three tables set up for us there by WES.



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### Where Do I Find the Supplies I Need for Kiddush?

Supplies are all in the basement.

- **Fabrangen Kitchen:** located to your left after you come down the stairs. The handle to the door is locked, but the door is not locked, so just push the door open and prop it open with the orange door stop on the floor. As you walk in the door, we have a small refrigerator and a cupboard above it, to your right. Open wine and juice are in the refrigerator (**DON'T USE IF IT IS NOT FRESH**). There should be at least one kitchen knife in the cupboard. There are trays and large serving platters on top of the refrigerator (and more in the gray cupboard). On the top shelf of the cupboard in a plastic zippered bag with special Passover serving trays and a matzah cover for Passover.
- **Gray cupboard:** Walk past the restrooms, and the gray cupboard will be directly in front of you. The combination for the padlock is **3618**. The gray cupboard holds paper goods, utensils, cups, serving bowls, tablecloths and supplemental food, as well as unopened bottles of juice and wine. **PLEASE PUT THE NEW RED CORKSCREW BACK IN THE CUPBOARD AND LOCK IT** - we have lost many corkscrews.

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### If I Need to Prepare Food, Where and When Do I Do That?

- **Kitchens:** For preparing food, use the serving kitchen on the main floor, behind the coatroom. **NEVER USE THE WES KITCHEN IN THE BASEMENT.**
- **Preparation:** Put your food out as early as possible. It takes longer than you think it will and if there are specific parts of the Shabbat service you do not want to miss (like the Torah reading or the discussion), early preparation will leave you the time to enjoy the Shabbat service. This includes any pouring of juice or wine.

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### How Do I Serve the Wine/Juice and Challah?

- **CHECK THE FRIDGE FOR OPEN BOTTLES OF JUICE OR WINE.**  
Use either the plastic kiddush cups or the 3 oz. paper cups. Set them up on the table in the lobby on small trays. Pour juice into about one third of the cups, and pour wine into the others. Pouring wine or juice into a large cup and then into the smaller cups is usually easier and safer than pouring directly from the bottle into the little cups.  
**PLEASE USE KEDEM GRAPE JUICE ONLY FOR KIDDUSH**  
The Steering Committee wants us to use only heckshered juice for kiddush. Feel free to put out non-heckshered juice for for drinking.



- **Challah:** Put the challot on a large platter and cover with the challah cover, which is in the Main Hall, in the drawer under the books, where the yads are kept. Put the challot on one of the chairs on the side in the Main Hall. Bring them up to the table when it is time for motzi.

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#### How Do I Clean Up?

- We are supposed to leave by **1:00**, so watch the time, but if the clean-up runs over to about 1:15 it usually is not a problem. Clean off tables and counters. There is a recycling bin in the coatroom for bottles, cans, cardboard, and other items that can be recycled. Pack up the reusable dishes so the assigned person can take them home and wash them. Put open juice and wine in the refrigerator. You can always give away or leave any leftover food for Balthazar, the WES custodian, who is happy to take food home. Unopened packages can be left in the gray cupboard to use in case of emergency. **THERE ARE AIRTIGHT PLASTIC CONTAINERS IN THE GREY CUPBOARD FOR LEFTOVER OPEN PACKAGES OF CRACKERS.**
- Wash and put away any serving dishes and platters. Please take dirty tablecloths home to wash or find someone else willing to do it.
- **If there is a special Kiddush or simcha scheduled, your only responsibilities are for setup and serving of the Kiddush and challah.**

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Thanks in advance for your cooperation!! We hope these guidelines are helpful.

Please remember:

If you cannot be at Fabrangen on your assigned date, you must to find a substitute and confirm the swap with Elena by email: [elena.rodriquez@fabrangen.org](mailto:elena.rodriquez@fabrangen.org) or by calling or texting her cell phone at 703.915.9882. She may have some suggestions for you about who to trade with, but the you are responsible for arranging the substitution.

**If you notice we are running low on wine, juice, or paper goods, or for any other questions, please email [elena.rodriquez@fabrangen.org](mailto:elena.rodriquez@fabrangen.org) so she can replenish our supply of wine, juice or cups or other disposable paper goods.**